



PRINCIPLES FOR A SAFER SPACE



Remember to take care of yourself and others. It's allowed and even encouraged to have fun!



be treated by them.

Listen and respect others and be aware of your own assumptions

Respect everyone's personal space, both physical and mental and their own boundaries.



Remember drink water also!



Remember to take care of yourself and others.

Provide space. Ensure that everyone is heard and included in the conversation.

Accept that not everyone wants to be equally vocal or visible and that there are many ways to participate.

Treat others as you would like to be treated.



All students are equal, regardless of their field of study or academic year.

Recognize that each of us is an individual and may differ significantly, especially regarding personal boundaries. Avoid generalizing your own preferences.

Respect others, acknowledge the diversity within the community, and appreciate the uniqueness of individuals.

Avoid making assumptions about others because you cannot know their experiences, thoughts, life situations, or self-defined identities. However, since we often make assumptions, let's try to be aware of our own assumptions.

Do not use offensive language or gestures towards others, whether they are present or absent from the situation.



Listen to and respect others, and be aware of your own assumptions.

Be open and listen, respect others as human beings above your own prejudices.

Do not question or judge someone's differences. Demand respect for yourself as well.

Recognize and acknowledge your own privileges.

Privilege refers to the advantages that certain social groups have, which protect them from discrimination in certain situations and contexts. In society, these privileges are defined in relation to identity, such as skin color, socioeconomic background, gender, sexual orientation, language, health status, and religion.

You cannot know someone else's identity by assuming.

Do not assume someone's identity, gender, sexual orientation, or any similar characteristic.

Do not belittle someone else's experience or generalize your own experience to apply to others.

Respect everyone's personal space, both physical and mental and their own boundaries.

Don't harassment anyone for verbal, touching or staring. No means no

Stop your doing or change your behavior immediately if someone is asking for it. That what feels good to you may not feel the same to someone else. Take the perspective of others. The surest way to act is ask, listen and respect

You can give a constructive feedback about inappropriate treatment.

If someone gives you feedback on your acting, listen to the person giving the feedback. Be open about the feedback and keep that in your mind in the future.



Remember drink water also!

Everyone can decide for themselves about their alcohol use. Don't pressure others to drink alcohol and respect their decision to use alcohol

Remember that you are responsible for your own behavior even under the influence of alcohol

Remember your own limits with alcohol! You can also have fun without alcohol.

Operating instruction:

If you need help or support in problematic situations, don't hesitate to ask for it

For example, you can contact On my mind - support student or harassment contact person at a low-threshold, discuss your experiences confidentially and find a solutions to problematic situations. You can always ask a support student to events with you. They are educated and have comprehensive support materials so they can direct you to additional help if necessary

Person or operator can be given a verbal or written warning in which case they will have opportunity to correct their actions.

The event organizer has the right to remove person or operator from the event due to harassment behavior. An temporary or permanent restriction on participation in events can also be imposed on harassment person if there is no change in behavior after several warnings.

In serious cases, the Association Act and subject associations' own rules apply on a case-by-case basis.

Matters requiring official action are directed to the authorities for processing

More information and contact information

Support students service :

https://sites.utu.fi/mielenpaalla/en/support-students/

Support services:

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utu https://sites.utu.fi/mielenpaalla/en/support-services/

On my mind - website:

https://sites.utu.fi/mielenpaalla/en/?s=

Well-being

https://trey.fi/en/advocacy/social-affairs/wellbeing

Support for studies:

https://trey.fi/en/advocacy/support-for-studies

Harassment contact people and well-being:

You will find out information for harrasment contact people and well-being in Pointer's website. <u>https://www.pointerry.fi/pointer-page-hyvinvointi</u>

Contact boards for any reason. They are here for you all!







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